

Wellness Fitness Challenge – Calming Exercises for Kids: Breathing and Stretching

https://www.youtube.com/watch?v=cyvuaL_2avY

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>English</p> <p>Task 1- Demonstrate letter “Gg” in both uppercase and lowercase form. You tube the text of the week- Where is the Green Sheep? https://www.youtube.com/watch?v=xDv0J9V4kRI</p> <p>The Gruffalo. https://www.youtube.com/watch?v=s8sUPpPc8Ws</p> <p>Task 2- Parent and student create a list of words that begin with the letter G. Parent to scribe.</p> <p>Task 3 Visit you tube to explore some letter “Gg” songs.</p>	<p>English</p> <p>Task 1- Study ladder English Pod, Letter “Gg” activity. Reading Eggs</p> <p>Task 2- Writing Booklet- Students complete 1 sentence. E.g “I can see a...”</p> <p>Task 3- Practice letter formation of the letter “Gg.”</p>	<p>English</p> <p>Task 1- Students practice writing the Popcorn words for the week. Is, come, here. (Try using chalk or water and a paint brush)</p> <p>Task 2- Watch an episode of alphablocks- Letter G. https://www.youtube.com/watch?v=7TLBk0OxOqc</p> <p>Students complete the (ap, in) rhyming activities on Study Ladder.</p> <p>Task 3-</p>	<p>English</p> <p>Task 1- Study ladder English Pod, Letter “Gg” activity.</p> <p>Task 2- Students write a sentence about a green sheep. (Guided by parents) Students draw a picture of their favourite sheep from the story.</p> <p>Task 3- Trace the letters of the alphabet with the “write and wipe alphabet card.”</p>	<p>English</p> <p>Task 1- Look through a story book and find all of the words that have a Gg in them.</p> <p>Task 2- Letter formation- go outside and create a letter Gg shape with leaves.</p> <p>Task 3- Reading Eggs</p>

<https://www.youtube.com/watch?v=0KXtxliQ7gk>

<https://www.youtube.com/watch?v=ru0KCAS5zuY>

This week in library:



Click here and login to Story Box Library for our story this week.

Go Go and the Silver Shoes

username: SJVMANLY

password: sjvread

Complete activity from the fine motor grid.

Break

Middle

Maths

Task 1 -

Counting to 10 using different materials. Find 5 different materials around the house and count to 10 using these.

Task 2 -

Maths

Task 1 -

Patterning

Use things around the house to create patterns

Task 2 -

Maths

Task 1 -

Study Ladder

Complete activity from Maths pod

Task 2 -

Maths

Task 1 -

Complete pages from the counting booklet.

Task 2 -

Paint or cut out 10 different shapes.

Maths

Task 1 -

Days of the week
Play days of the week song:

<https://www.youtube.com/watch?v=3tx0rvuXIRg>

Discuss different events that occur on certain days

<p>Break</p>	<p>Number 10 introduction Write the number 10 using chalk, textas or pencils. Write the word ten using different writing materials Count out 10 things around your house – complete 5 times Draw a picture of a garden with 10 flowers.</p> <p>Task 3 - Watch clips to consolidate Number 10 Story bots: https://www.youtube.com/watch?v=FNEJXKTSkYM Sesame Street https://www.youtube.com/watch?v=CHKGomV1j-w Number Blocks https://www.youtube.com/watch?v=k4i6fu0bTQ8</p>	<p>Counting Collections Write the numbers 1 – 10 on pieces of paper. Under the number count out things using materials around the house</p> <p>Task 3 - Complete pages from the counting booklet</p>	<p>Number Match Write the numbers 1 – 10 on different pieces of paper and then draw dots 1 – 10 on different pieces of paper. Turn them all over and match them together</p> <p>Task 3 - Draw 10 giraffes on a piece of paper. Write the number 1 to 10 on each giraffe.</p>	<p>Watch: https://www.youtube.com/watch?v=0TgLtF3PMOc</p> <p>Task 3 – Ask your children to count out 10 pegs. Ask questions such as here are 3 pegs, count how many more make 10?</p>	<p>Draw pictures of these events.</p> <p>Task 2 - Discuss location words such as above, outside, left and right. Ask the children to draw 3 pictures. E.g. Draw a cat under a table. Draw a bird above the tree.</p> <p>Task 3 - Study Ladder Complete activity from Maths Pod</p>
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<p>Afternoon</p>	<p>Science</p> <p>Task 1 - Check the weather and record it in picture form on your weather chart.</p> <p>Task 2 – watch https://www.youtube.com/watch?v=tfAB4BXSHOA</p> <p>Task 3 – What is your favourite type of weather? Draw a picture of you doing an activity in your favourite type of weather e.g. watching movies on a rainy day, swimming at the beach on a sunny day.</p>	<p>Science</p> <p>Task 1 - Watch on youtube - https://www.youtube.com/watch?v=8dAp78XJUsQ</p> <p>Task 2 - Check the weather and record it in picture form on your weather chart.</p> <p>Task 3 - Play a card game or a board game with someone.</p>	<p>Science</p> <p>Task 1 - Check the weather and record it in picture form on your weather chart.</p> <p>Task 2 - Draw cloud shapes on your driveway using coloured chalk</p> <p>Task 3 - Help Mum and Dad with chores e.g. take the bins out, put your laundry away, sweep the floor.</p>	<p>HASS</p> <p>Task 1 – Our Special Places Draw your house. What is inside? What are the different rooms used for? (parents to lead discussion)</p> <p>Task 2 - Check the weather and record it in picture form on your weather chart.</p>	<p>Fine Motor/ Gross Motor</p> <p>Fine Motor: Use the Fine Motor Grid to complete 2 or 3 activities. You could do some cutting practice too.</p> <p>Gross Motor: Go outside to bounce or catch a ball. Jump on the trampoline or use a skipping rope.</p> <p>Check the weather and record it in picture form on your weather chart.</p>
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